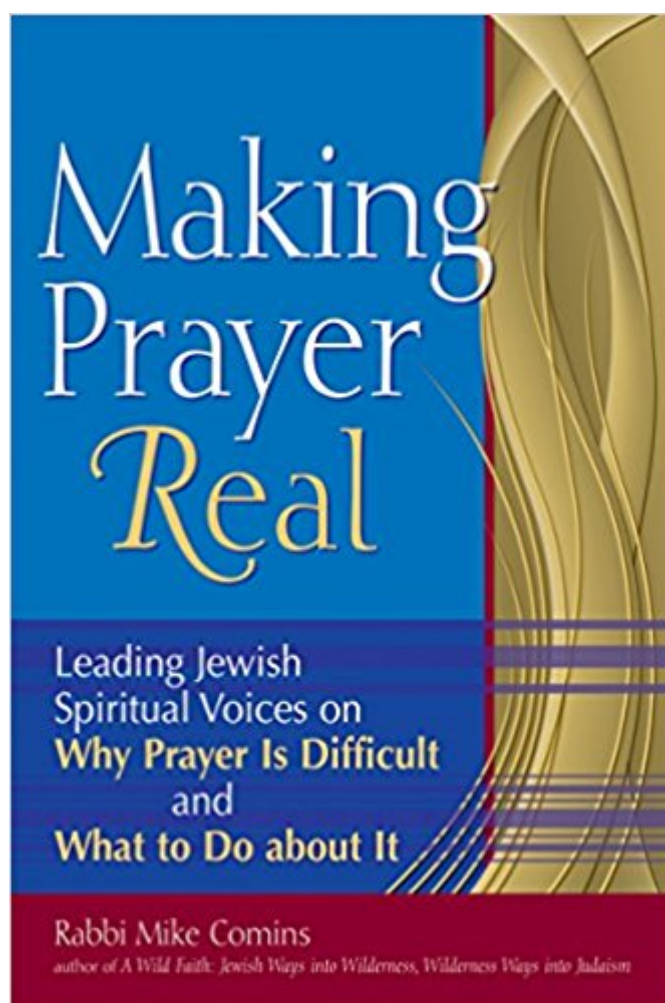


The book was found

Making Prayer Real: Leading Jewish Spiritual Voices On Why Prayer Is Difficult And What To Do About It



Synopsis

Fresh, Useful Perspectives on the Spiritual Dynamics of Prayer"Better music, better sermons and better prayer books can only go so far. Many innovations have been tried around the world, and no doubt, synagogue leadership will continue to think creatively about improving services. But deep and lasting change will only come when each of us takes ownership and responsibility for what only we can really guideâ•our inner lives."â•from the PrefaceJoin over fifty Jewish spiritual leaders from all denominations in a candid conversation about the why and how of prayer: how prayer changes us and how to discern a response from God. In this fascinating forum, they share the challenges of prayer, what it means to pray, how to develop your own personal prayer voice and how to rediscover meaning and God's presence in the traditional Jewish prayer

book.CONTRIBUTORS:Rabbi Bradley Shavit Artson â• Rabbi Aryeh Ben David â• Rabbi Anne Brener, LCSW â• Rabbi Sharon Brous â• Maggid Yitzhak Buxbaum â• Rabbi Mike Comins â• Rabbi Elliot J. Cosgrove, PhD â• Rabbi Lavey Derby â• Cantor Ellen Dreskin â• Rabbi Diane Elliot â• Reb Mimi Feigelson â• Rabbi Tirzah Firestone â• Rabbi Nancy Flam â• Rabbi Karen Fox, DD â• Dr. Tamar Frankiel â• Rabbi Ethan Franzel â• Rabbi Elyse Frishman â• Rabbi Laura Geller â• Rabbi Neil Gillman, PhD â• Rabbi Shefa Gold â• Rabbi Elyse Goldstein â• Joel Lurie Grishaver â• Rabbi Nadya Gross â• Rabbi Jill Hammer, PhD â• Melila Hellner-Eshed, PhD â• Rabbi Lawrence A. Hoffman, PhD â• Rabbi David Ingber â• Rabbi ZoÃ« Klein â• Rabbi Myriam Klotz â• Rabbi Jamie Korngold â• Rabbi Lawrence Kushner â• Rabbi Naomi Levy â• Rabbi Richard N. Levy, DD â• Rabbi Sheryl Lewart â• Jay Michaelson â• Rabbi Linda Motzkin â• Rabbi Debra Orenstein â• Rabbi Nehemia Polen, PhD â• Rabbi Marcia Prager â• Rabbi Jeff Roth â• Rabbi Zalman M. Schachter-Shalomi â• Rabbi Rami Shapiro â• Rabbi Jonathan P. Slater â• Rabbi Elie Kaplan Spitz â• Rabbi Ira Stone â• Rabbi Michael Strassfeld â• Dr. Linda Thal â• Rabbi Abraham Twerski, MD â• Rabbi Sheila Peltz Weinberg â• Rabbi Zari M. Weiss â• Rabbi David J. Wolpe â• Rabbi Shawn Zevit

Book Information

Paperback: 320 pages

Publisher: Jewish Lights; 1 edition (January 1, 2010)

Language: English

ISBN-10: 1580234178

ISBN-13: 978-1580234177

Product Dimensions: 6 x 1.9 x 22.9 inches

Shipping Weight: 8.8 ounces (View shipping rates and policies)

Average Customer Review: 4.3 out of 5 stars 17 customer reviews

Best Sellers Rank: #886,042 in Books (See Top 100 in Books) #115 in Books > Religion & Spirituality > Judaism > Prayerbooks #571 in Books > Textbooks > Humanities > Religious Studies > Judaism #1707 in Books > Religion & Spirituality > Worship & Devotion > Prayer

Customer Reviews

Put your heart's desires into words--no one else can truly pray for you. Have you lost faith in prayer? Do you wonder just who you are praying to and if it is worth the effort? Does your search for religious meaning take you anywhere but to synagogue and the traditional Jewish prayer book? If so, you're not alone. This is a no-holds-barred look at why so many of us find synagogue services and prayer at best difficult, and at worst, meaningless and boring--and how to make it more satisfying. Rabbi Mike Comins draws from over fifty interviews with Jewish spiritual leaders from all denominations, as well as from their "best prayer practices." He offers a new and different response to the challenges of prayer to entice and inspire you to become a "prayer person," a person who engages in prayer to play the heart strings of the soul. He then guides you in overcoming the obstacles to achieving a satisfying prayer life through twenty-four innovative and traditional practices, relating prayer to the needs of conscious living: * Nurturing joy * Increasing mindfulness * Facilitating self-change * Dealing with tragedy * Responding to loss

Rabbi Mike Comins, the founder of TorahTrek Spiritual Wilderness Adventures (www.TorahTrek.com) and the Institute for Jewish Wilderness Spirituality (www.ijws-online.org), is the author of *A Wild Faith: Jewish Ways into Wilderness*, *Wilderness Ways into Judaism* and *Making Prayer Real: Leading Jewish Spiritual Voices on Why Prayer Is Difficult and What to Do about It* (both Jewish Lights). He studied classical Jewish texts at the Pardes Institute, earned his MA in Jewish education from Hebrew University and was ordained in the Israeli rabbinical program of Hebrew Union College. He was a founding member and the first director of education at Kehilat Kol Hanesama in Jerusalem. He lives, teaches and writes in Los Angeles, and serves as a scholar-in-residence for schools and synagogues around the world. Rabbi Mike Comins is available to speak on the following topics: Finding God in Nature: Buber, Heschel and the Kabbalah on the Experience of Divinity in the Natural World How the Jews Lost Nature and Why We Need to Get Her Back Making Prayer Real: Why Prayer Is Difficult and What to Do about It Prayer, Teshuvah and Coping with Loss The Spiritual Dynamics of Traditional Prayer

I bought this one for a class our own Rabbi here in Pasadena, CA is giving, but the book is readable and true to its intention: assisting modern, secular congregants find spiritual meaning and a sense of connection with God, through traditional Jewish liturgy. To be frank, I've only gotten through the beginning of the book, but even this book's posing the questions regarding the problems with traditional Jewish liturgy, contrasted with how modern rabbis and Jews have found meaning and even transcendent experiences through prayer, is inspirational. Dense with both philosophical analysis and major religious issues, this is by no means fictional "page turner," but well worth the effort; the book's structure, featuring short quotes and essay by many leading modern spiritual rabbis makes it easy to take the book in small doses for those, like me, who may need time to digest the "big picture" life questions which may be addressed through prayer. Recommended for anyone struggling with religion/theology and its relationship to modern, everyday life.-----Neil

A wonderful book. I purchased the ebook. After reading it,, I decided to purchase a print copy to use as a reference so I can write notes in it. Highly recommend.

Very interesting and helpful. I know prayer is necessary, real, and makes a difference, but how to treasure it and do it with more joy? I learned a lot.

The best compliment I can give this book - and it deserves it - is that I wish it was available decades ago since it would have saved me a lot of stumbling around. This is the book synagogue should give out to every Bar/Bat Mitzvahs along with the requisite Tanach and trees planted in their honor in Israel. Indeed, if every rabbi made that gift then it would make a perceptible impact on the second Holocaust Jews face today - assimilation.

This book is a compilation of commentary from rabbis from all traditions and addresses those who are on a journey to connect spirituality to their religion in very human ways.

Readable and practical. I particularly appreciated the inclusion of other prayers remarks on the various topics as that helped with presenting a broader spectrum. If one idea did not seem to fit, another one did.

This book exceeded my expectations. A wonderful compilation of voices covering all aspects of prayer. A book I will return to many times.

met all expectationsthank you

[Download to continue reading...](#)

Making Prayer Real: Leading Jewish Spiritual Voices on Why Prayer Is Difficult and What to Do about It Soap Making: 365 Days of Soap Making: 365 Soap Making Recipes for 365 Days (Soap Making, Soap Making Books, Soap Making for Beginners, Soap Making Guide, ... Making, Soap Making Supplies, Crafting) Soap Making: 365 Days of Soap Making (Soap Making, Soap Making Books, Soap Making for Beginners, Soap Making Guide, Soap Making Recipes, Soap Making Supplies): Soap Making Recipes for 365 Days Difficult Mothers: Difficult Mothers Cure: Toxic Relationships With Narcissistic Mothers Understood And Overcome Forever! (Difficult Mothers, narcissistic ... absent mother, narcissist relationship) The Ultimate Soap Making Guide: Unique Soap Making Recipes & Complete Soap Making Guide for Beginners (Soap Making at Home, Soapmaking Guide, Soap Making Recipes, Soap Making Book) The Real Book of Real Estate: Real Experts. Real Stories. Real Life. Hawaii Real Estate Wholesaling Residential Real Estate Investor & Commercial Real Estate Investing: Learn to Buy Real Estate Finance Hawaii Homes & Find Wholesale Real Estate Houses in Hawaii The Complete Works of E. M. Bounds: Power Through Prayer, The Reality of Prayer, The Essentials of Prayer, The Weapon of Prayer, Satan: His Personality, Power And Overthrow and More The Infertility Journey: Real voices. Real issues. Real insights. Difficult Decisions in Colorectal Surgery (Difficult Decisions in Surgery: An Evidence-Based Approach) Difficult Decisions in Vascular Surgery: An Evidence-Based Approach (Difficult Decisions in Surgery: An Evidence-Based Approach) Secrets of a Jewish Mother: Real Advice, Real Family, Real Love The Smart Real Estate Investor: Real Estate Book Bundle 3 Manuscripts Expert Strategies on Real Estate Investing, Finding and Generating Leads, Funding, Proven Methods for Investing in Real Estate Real Estate: 25 Best Strategies for Real Estate Investing, Home Buying and Flipping Houses (Real Estate, Real Estate Investing, home buying, flipping houses, ... income, investing, entrepreneurship) The Smart Real Estate Investor: Real Estate Book Bundle 2 Manuscripts Expert Strategies on Real Estate Investing, Starting with Little or No Money, Proven Methods for Investing in Real Estate Real Estate: 30 Best Strategies to Prosper in Real Estate - Real Estate Investing, Financing & Cash Flow (Real Estate Investing, Flipping Houses, Brokers, Foreclosure) Leading the Unleashable: How to Manage Mavericks, Cynics, Divas, and Other Difficult People The Subtle Power of Spiritual Abuse: Recognizing and Escaping Spiritual Manipulation and

False Spiritual Authority Within the Church 50 Jewish Messiahs: The Untold Life Stories of 50
Jewish Messiahs Since Jesus and How They Changed the Jewish, Christian, and Muslim Worlds
Jewish Philosophy and the Crisis of Modernity: Essays and Lectures in Modern Jewish Thought
(Suny Series, Jewish Writings of Strauss)

[Contact Us](#)

[DMCA](#)

[Privacy](#)

[FAQ & Help](#)